

STAYWELL LONGEVITY MENU

BY DR. SARAH COREY

Southern California's leading integrative concierge doctor

SIGNATURE WELLNESS TRACKS

THE INN SIGNATURE WELLNESS

In-depth consultation to review your wellness goals, understand your unique health history, and recommend specific diagnostics to help uncover root causes of health challenges.

Includes a customized treatment plan to address your unique concerns.

Suggested Enhancements: The Inn Longevity Blood Panel, TruAge & TruHealth Test, Genetic Testing

HORMONE HEALTH

Hormone health consultation and treatment plan. Perfect for perimenopause, menopause, andropause, or fertility support. Can include prescriptions for hormone therapy where appropriate for both male and female hormones.

Suggested Enhancements: The Inn Longevity Blood Panel, TruAge & TruHealth Test, Genetic Testing, DUTCH Complete Hormone & Adrenal

FOREVER YOUNG – LONGEVITY OPTIMIZATION

Hormone health consultation and treatment plan. Can include prescriptions for hormone therapy where appropriate for both male and female hormones.

Suggested Biometrics: The Inn Longevity Blood Panel, TruAge & TruHealth Test, Genetic Testing

BEAUTY FROM WITHIN

Healthy skin and hair start from the inside out. Dive into gut health, nutrients, and hormones—all of which play a critical role in supporting radiant skin and strong, healthy hair.

Suggested Enhancements: Gut Health Profile, Micronutrient Testing

Pricing from \$1,295 based on track and lab work

PEPTIDE THERAPY \$695

A biohacking favorite, this therapy supports energy, recovery, longevity, muscle mass, and healthy metabolism. Includes initial consultation and trial of recommended peptides. *Individual peptide prices vary and will be discussed during consultation.*

NAD+ AT-HOME PATCHES \$300+

NAD+ is a key anti-aging molecule that supports brain function, mood, energy, longevity, and inflammation control. NAD+ patches are ideal between IV infusions or for those who prefer to avoid needles.

NUTRITION OPTIMIZATION CONSULTATION

Single Session \$250 | 3-Month Transformation \$1,895

What we eat has the power to transform our health. Our nutrition team creates customized plans to meet your nutrient needs and promote optimal wellness.

NEBULIZED GLUTATHIONE \$200

Delivers the antioxidant glutathione directly to the lungs to reduce inflammation and improve breathing. Excellent for respiratory illnesses, allergies, or lung injury.

WELLNESS MENU

IV THERAPY

WELLNESS IVs

\$395 | *Specialty IV's prices as listed*

Super Immune Boost IV

Strengthen your immune system year-round

Jet Lag IV

Reset circadian rhythm and boost energy after travel.

Stress Support IV

Improve stress tolerance and adrenal health.

Fertility Support IV

Optimize antioxidants for reproductive health.

Detox & Glow IV

Support liver detoxification and radiant skin.

Pre/Post-Surgical IV

Speed healing and recovery.

Tension Ease IV

Relieve muscle tension and headaches.

Circadian Health Sleep Support IV

Improve relaxation and mental clarity.

Gut Health IV

Support digestive health and immune function.

Beauty Filter IV

Collagen-boosting and skin-brightening benefits.

Metabolism IV

Support fat loss, blood sugar balance, and energy.

Iron IV | \$350+

Restore healthy iron levels (requires labs).

Brain Health IV | \$495+

Support cognitive function and cellular health

Bespoke IV Drip | \$495

Fully customized to your needs.

NAD+ Longevity IV | \$495+

Boost cognition, mood, and energy.

Niagen NR+ Longevity IV

500MG \$850 | 1000MG \$1400

Advanced anti-aging therapy.

IV ENHANCEMENTS

Additional Fluids | \$125

Anti-Nausea, Zofran | \$65

Anti-Inflammatory, Toradol | \$65

Glutathione | \$60

B12, B Complex, Magnesium, Taurine, MIC,
L-Carnitine, Zinc, Vitamin C | \$40

WELLNESS VITAMIN INJECTIONS

WELLNESS INJECTIONS

\$150 | *Specialty injections price as listed*

The B Basic

B12 shot for energy, focus, and immunity.

Detox & Glow

Liver and kidney support for detoxification and energy.

The Skinny B

Metabolism and fat-burning support.

Lights Out

Magnesium and neurotransmitter support for better sleep.

Gut Health

Supports digestion and reduces inflammation.

Anti-Viral Support

Immune-boosting blend.

Fertility Love

Optimizes reproductive health for men and women.

Beauty Filter

Improves skin, hair, and nails.

Athlete's Dream

Muscle recovery and performance support.

Vitamin D Shot

2,500–5,000 IU for optimal levels (requires labs).

NAD or NR+ Longevity Shot | \$200

Anti-aging, energy, and brain health benefits.

Bespoke Wellness Shot | \$200

Customized for your unique needs.